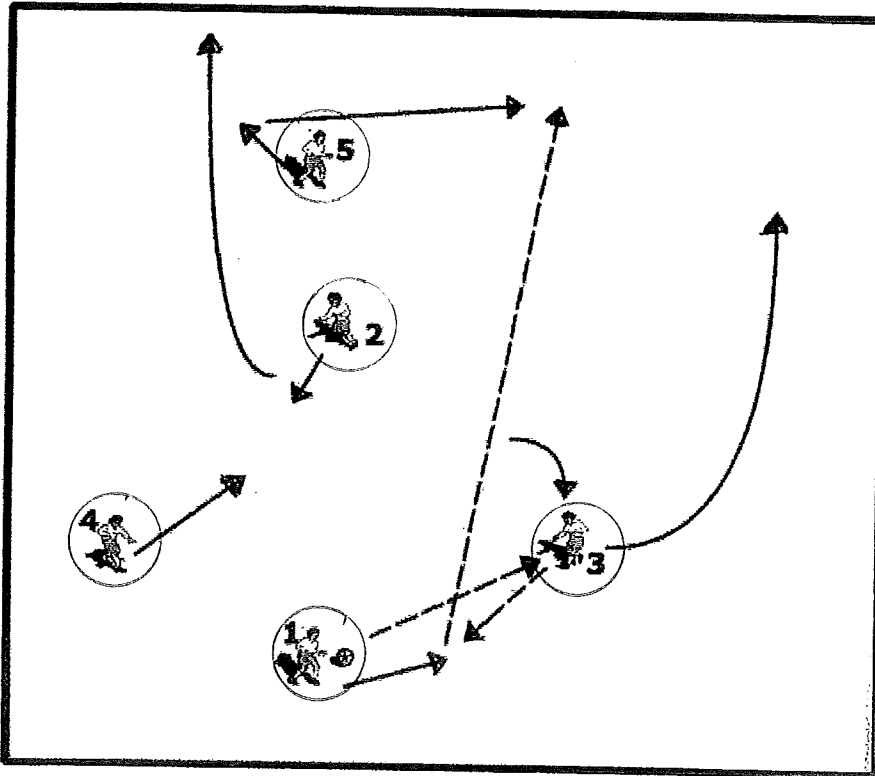


Intro

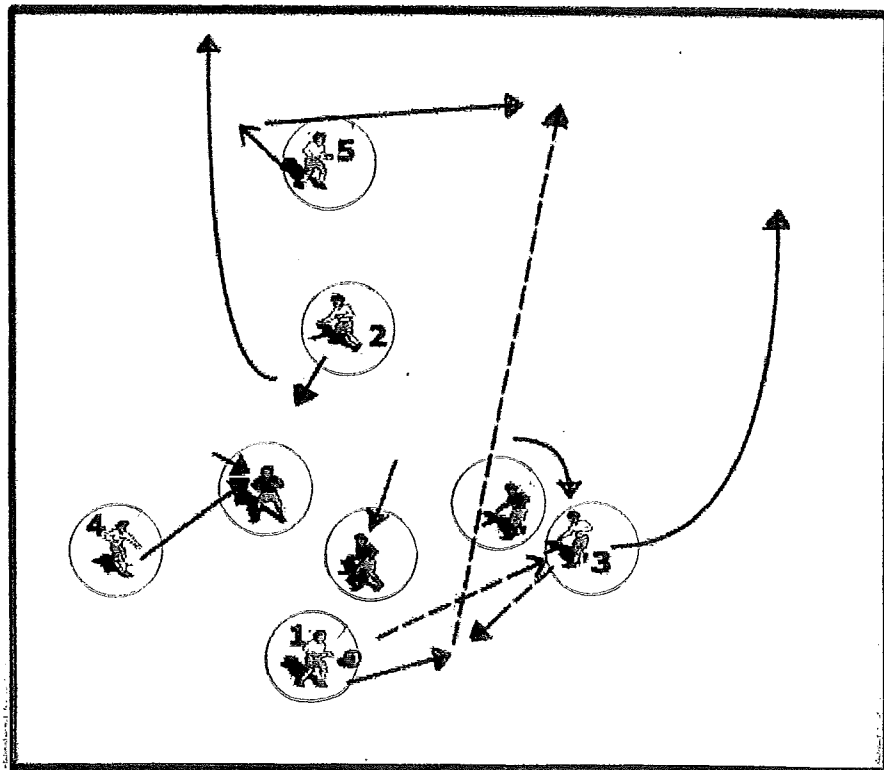


40x40 Yard

Coaching Points

- Short set up pass to go long
- Check shoulders
- 1st touch out of feet
- Near & far support
- Movement off the ball
- Part of foot & ball
- Eyes on the ball
- Follow through

5v3 Possession

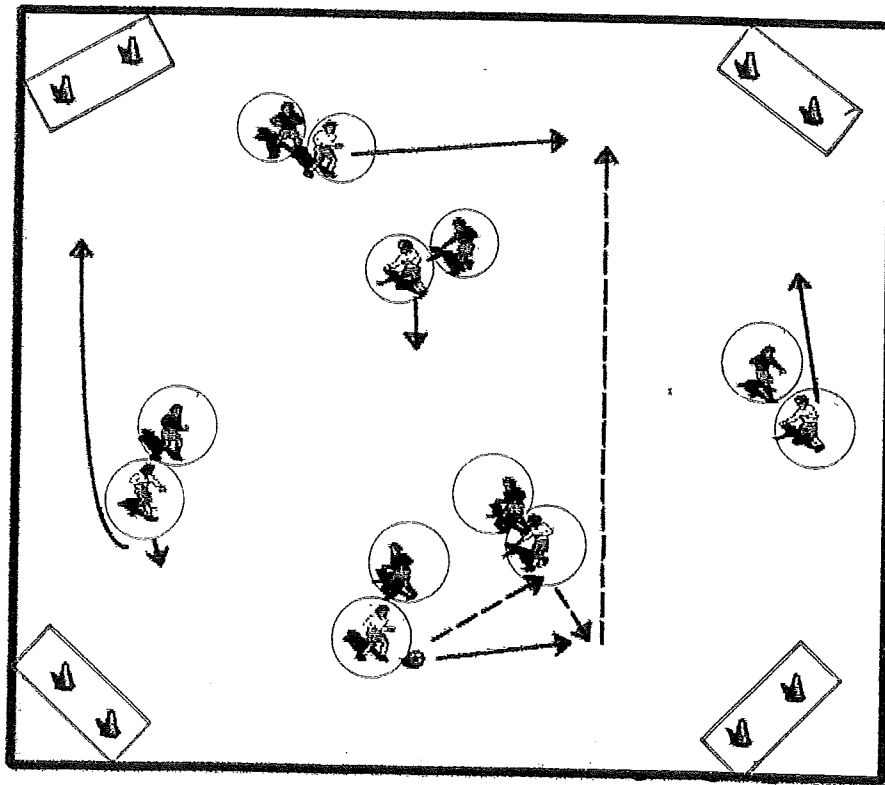


40x40 Yard

Coaching Points

- Short set up pass to go long
- Check shoulders
- 1st touch out of feet & away from pressure
- Near & far support
- Movement off the ball
- Part of foot & ball
- Eyes on the ball
- Follow through

6v6 Four Goal Game



50x50 Yards

Coaching Points

- Short set up pass to go long
- Check shoulders
- 1st touch out of feet & away from pressure
- Near & far support
- Movement off the ball
- Part of foot & ball
- Eyes on the ball
- Follow through